Kresala

Source: video of Basque team and UK teams who use the chorus movements.

Music: used the Evesham stick dance tune for the workshop.

<u>Set</u>: 8 persons, each with a long stick.<u>Step</u>: double and single in figures, stick up.

Figures: Foot up twice, half gyp, back to back, and 8 person Cotswold hey.

Hey: Pass centre in order 1st, 4th, 2nd,

3rd pairs.

Dance #1

1: Chorus is in units of four.

- a. Evens hold stick horizontal, at ends, and odds hit centre with their tip.
- b. Evens hit odds ditto.
- c(i) All hit neighbor, tips, high, right to left.
- (ii) All hit opposite, tips, high, right to left.
- d. All hit opposite, tips, low, while passing left shoulders or hit opposite's butt with bus as pass to change places.

Then:

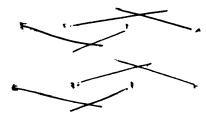
- a, b as above, original odds <u>always</u> hit across first.
- c(i) All hit opposite, tips, high, right to left.
- (ii) All hit neighbor, tips, high, right to left.
- d. All hit neighbor as (d) above, while changing places along the side of the set.

Repeat 3 more times until back to place.

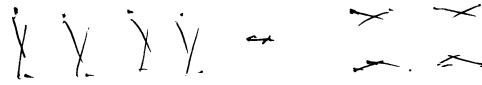
Dance #2

Chorus is in units of 8, all hits along own side. Sticking repeats 4 times per chorus.

- a. All dib butts, noisily.
- b. All hit second person along set, high right to left. Parallel, not mirror! Numbers 1 and 5 hit outside number 3.



- c(i) All hit opposite, high, right to left.
- c(ii) All high neighbor, high, right to left.



d. All hit as in b above.